

Easy First Aid Kit

Home



Car



Work

Essential



Container



Bandages

Pro Tip: Band-Aid brand fabric are best



Antibiotic Ointment



Gauze

Pro Tip: Get non-stick



Pain Meds

Pro Tip: Get adult and kid versions in off brand to save



Scalpel

Pro Tip: Makes it so easy to remove slivers without pain or bleeding



Anti-acid & Anti-diarrheal

Pro Tip: Just do it.



Hot Pad

Pro Tip: Fill an old, long sock with rice, tie the end in a knot and heat in microwave



Alcohol Wipes

